

# Teen Services Resource Directory



**Services, support groups, and other  
resources available to teens of  
Oak Park and River Forest**

Compiled by the Health Care Committee  
of the League of Women Voters of Oak Park and River Forest

## **Emergency Numbers**

**Police / Fire / Medical**

**911**

**Hearing Impaired Services (TTY) – General**

(708) 383-0048

Police / Fire

(708) 848-1911

TTY & Voice

**911**

Illinois Relay Center (non-emergency)

(800) 526-0844

Family Services Crisis Team

(708) 383-7500

National Suicide Hotline

800-SUICIDE (800) 784-2433)

## **Thanks to Our Sponsors**

The League of Women Voters of Oak Park and River Forest wishes to thank:

- The Village of Oak Park Department of Public Health and
- First Bank of Oak Park for helping to underwrite the cost of producing this booklet.

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Note: The League of Women Voters of Oak Park and River Forest in no way intends to convey endorsement of any provider nor to indicate that these listings are comprehensive. Inclusion or exclusion is not an indication of approval or disapproval. The information provided herein is subject to change at any time. For additional copies, call (708) 802-0697.

## Introduction

Dear Reader,

Adolescence can be a challenging time. Recognizing that many teens need help in various aspects of their lives, the League of Women Voters of Oak Park and River Forest is pleased to present the *Teen Services Resource Directory*—a guide for adults who want to find services, support groups, and other resources available to adolescents in the community.

We were asked by the Oak Park Health Department to compile this directory as a companion to information distributed by the Township Youth Services of Oak Park and River Forest. The *Teen Services Resource Directory* was created to give adults more specific information on available resources.

If you know of a teenager who needs assistance or guidance, we hope you will use this directory. Please note that although every effort has been made to be accurate, the information contained in these pages is subject to change at any time.

The League of Women Voters of Oak Park and River Forest

\*Available from Oak Park Township (708/445-2727)

## **Alcohol & Other Drug Use**

### **Al-Anon/Alateen Information Services**

(708) 848-2707

### **Alcoholics Anonymous**

(312) 346-1475

### **Alexian Brothers Behavioral Health Hospital**

1650 Moonlake Blvd.  
Hoffman Estates, IL 60194  
(800) 432-5005

Offers an afterschool treatment program for teenagers dealing with substance abuse problems. Services also include an educational class for teen and their parents, support groups, recovery meetings, and counseling.

### **Cocaine Hotline**

(800) COCAINE (800)262-2463

### **Hephzibah Substance Abuse Assessment & Referral Program**

115 N. Marion St.  
Oak Park, IL 60302  
(708) 524-4848

Provides a thorough drug and alcohol assessment free of charge for residents of Oak Park and River Forest.

### **MacNeal Hospital Behavioral Health**

3249 S. Oak Park Ave.  
Berwyn, IL 60402  
(708) 783-3140  
*24-hr. intake line: (708) 783-3140 or (800) 795-3140*

*Hours: Scheduled appointments: 8 a.m. to 10 p.m.; Intake phone line: 24 hours, 7 days; Emergency room: 24 hours, 7 days*

Offers a 24-hour intake line as well as a full continuum of services for mental health and substance abuse for adults and teens. For details on other services provided by MacNeal Hospital Behavioral Health, see description under "Counseling / Mental Health / Treatment."

**Narcotics Anonymous**

(708) 848-4884

**Riveredge Hospital**

8311 W. Roosevelt Rd.

Forest Park, IL 60130

(800) 252-2540 (24-hr. switchboard)

Web site: [www.riveredgehospital.org](http://www.riveredgehospital.org)

Provides inpatient drug/substance abuse treatment for children, adolescents, and adults. For details on other services provided by Riveredge Hospital, see description under "Counseling / Mental Health / Treatment."

**The Volunteer Center**

820 Ontario St.

Oak Park, IL 60302

(708) 386-3393

Hours: Monday-Friday, 9:30 a.m. to 5:30 p.m.

Web site: [www.oprfvolunteercenter.org](http://www.oprfvolunteercenter.org)

Offers "E.N.U.F" (Education to Nullify Usage for First-Timers), a 6-week program that educates teens on the dangers and risks associated with use of drugs and alcohol. For details on other services provided by The Volunteer Center, see description under "Employment / Skills Training / Volunteer Services" and "At-Risk Youth."

**Youth Outreach Services**

10125 Grand Ave.

Franklin Park, IL

(847) 455-8445

## **At-Risk Youth**

### **Teen Initiative for Meeting Expectations (TIME)**

#### **The Volunteer Center**

820 Ontario St.

Oak Park, IL 60302

(708) 386-3393

Hours: Monday-Friday, 9:30 a.m. to 5:30 p.m.

Web site: [www.oprfvolunteercenter.org](http://www.oprfvolunteercenter.org)

A court diversion program for first time offenders. Includes a mental health assessment by Family Service and Mental Health Center of Oak Park/River Forest. A Volunteer Center case manager works with the young person, who must perform up to 25 hours of community service.

### **Youth Intervention Program of Oak Park and River Forest Townships**

105 S. Oak Park Ave.

Oak Park, IL 60302

(708) 445-2727

Web site: [www.optownship.org](http://www.optownship.org)

Email: [jwilliams@oakparktownship.org](mailto:jwilliams@oakparktownship.org)

Provides intervention for school-age youths who are involved in gangs, violence, or drug/alcohol abuse or who are victims of violence. Referrals are typically received from school, parents, area agencies, and peers; some youths refer themselves. Services include immediate crisis management, environment assessment, and ongoing maintenance and follow-up. Administered by Youth Services, Oak Park and river Forest Townships.

## **Child Abuse & Neglect**

### **Childhelp USA National Child Abuse Hotline**

24-hr. hotline: (800) 422-4453

Web site: [www.childhelpusa.org](http://www.childhelpusa.org)

Offers round-the-clock crisis intervention, information, and referrals to callers regarding child abuse, parenting, or any abuse-related issues.

## **Counseling / Mental Health Treatment**

### **Alexian Brothers Behavioral Health Hospital**

1650 Moonlake Blvd.

Hoffman Estates, IL 60194

(800) 432-5005

The hospital provides intensive outpatient, partial, and inpatient services for children, teens, and adults struggling with any psychiatric issue and for individuals engaging in self-mutilation and other injurious behaviors.



**Family Service and Mental Health Center of Oak Park/River Forest**

120 S. Marion St.

Oak Park, IL 60302

24-hr. crisis line: (708) 383-7500 (for admissions: ext. 204)

Hours: Monday-Thursday, 9 a.m. to 9 p.m.; Friday, 9 a.m. to 5 p.m.; Saturday, by appointment

Web site: [www.familyserviceopr.org](http://www.familyserviceopr.org)

Provides individual, group, and family counseling; psychiatric services; placement stabilization for runaways/lockout children and adolescents. Also offers programs on delinquency prevention and alcohol/smoking/drug use prevention as well as parenting groups for adults. Sliding fees; insurance accepted. Works with the schools, police, and court system to help at-risk youth. 24-hour crisis services available.

**Community Care Options**

1010 Lake St., Suite 500

Oak Park, IL 60301

(708) 386-2100

Hours: *Emergency services:* 24 hours, 7 days; *Non-emergency services:* Monday-Thursday, 9 a.m. to 9 p.m.; Friday, 9 a.m. to 5 p.m.

Web site: pending

Comprehensive mental health services for children, teens, and their families. Services include family therapy, assessment, psychological testing, medication management, emergency services, and diagnostic evaluations. Also offers substance abuse prevention for children age 12 and under, and group therapy for 13- to 18-year-old substance abusers who have not followed through with treatment. Parenting classes. Sliding fees; Medicaid, and many insurance and managed care programs accepted.

**Lutheran Social Services of Illinois**

Several locations in Illinois (see web site for addresses)

(773) 282-7693

Hours: Varies by site; typically Monday-Thursday, 9 a.m. to 9 p.m.; Friday, 9 a.m. to 5 p.m.

Web site: [www.lssi.org](http://www.lssi.org)

Offers a variety of counseling services. Web page explains services and provides access information. Telephone is answered by voice mail; caller is contacted within 24 hours or 1 business day.

**MacNeal Hospital Behavioral Health**

3249 S. Oak Park Ave.

Berwyn, IL 60402

(708) 783-3140

Hours: *Scheduled appointments:* 8 a.m. to 10 p.m.; *Phone only:* 10 p.m. to 11:30 p.m.;  
*Emergency room:* 24 hours, 7 days

Has an inpatient psychiatry unit as well as partial hospital program (Monday-Friday, 9 a.m. to 3 p.m.). Offers adolescent substance abuse services as an afterschool program. Makes referrals for outpatient counseling based on need and income. Legal guardian must give permission for the adolescent to be involved in the programs. Parents strongly encouraged to participate in family-oriented activities. Services not available to children under 12.

**Riveredge Hospital**

8311 W. Roosevelt Rd.

Forest Park, IL 60130

(800) 252-2540 (24-hr. switchboard)

Web site: [www.riveredgehospital.org](http://www.riveredgehospital.org)

This specialized behavioral health facility provides care for children, adolescents, and adults. Delivers specialized care on dedicated units for children aged 5 to 11 and gender-separated units for boys and girls aged 12 to 17. Qualified to treat multiple traumas, abandonment issues, sexual abuse, neglect, traumatic stress issues, and substance abuse on the part of parents and/or patients.

**Domestic Violence / Date Rape / Sexual Assault****Chicago Rape Crisis Hotline**

*24-hr. hotline:* (888) 293-2080 (Spanish-speaking staff sometimes available)

Web site: [www.ywchicago.org](http://www.ywchicago.org) or [www.ICASA.org](http://www.ICASA.org)

The only sexual assault hotline in the city. This anonymous, confidential, free service provides round-the-clock crisis intervention, information, and referrals for sexual assault survivors, significant others, and family. Gives referrals to low-cost or free providers. Staff is also trained to discuss gay/lesbian/bisexual/transgender issues, suicide prevention, rape trauma syndrome, and self-injury. A program of the YWCA of Metropolitan Chicago.

**The Pillars Community Services**

6915 W. Cermak Rd., #1R

Berwyn, IL 60402

*24-hr. hotline: (708) 482-9600; Headquarters office (Summit, Ill.): (708) 458-6920; The CARE Center (Berwyn office): (708) 788-6759*

Hours: Tuesday, 3 p.m. to 8 p.m.; Thursday, 9:30 a.m. to 8:30 p.m. (subject to change or appointment)

Web site: [www.pillarscommunity.org](http://www.pillarscommunity.org)

Services include a 24-hour hotline for sexual assault victims, family, or significant others; counseling (group and individual) for sexual assault survivors; and medical and legal advocacy. Covers the following hospital emergency rooms: Oak Park, MacNeal, Loyola, Westlake, Gottlieb, and LaGrange hospitals. Also offers community education on issues related to sexual violence (contact Berwyn office); can do crisis counseling and referral if assault is disclosed at a community education session. Will see a teen for 5 sessions before requiring parental consent. Free or sliding fees.

**Sarah's Inn**

Address confidential

Office: (708) 386-3305

*24-hr. crisis hotline: (708) 386-4225*

Hours: 8:30 a.m. to 5 p.m.

Programs offered evenings and Saturdays

Provides bilingual English/Spanish free 24-hour crisis line; domestic violence counseling for women, children, and teens; court advocacy; transitional housing; teen dating violence prevention programming; community education. Also provides abuser counseling. Volunteer opportunities available.

**Eating Disorders****Alexian Brothers Behavioral Health Hospital**

1650 Moonlake Blvd.

Hoffman Estates, IL 60194

(800) 432-5005

The hospital's Eating Disorder Program provides comprehensive and individualized care for children, adolescents, and adults through intensive outpatient, partial, and inpatient services that address anorexia, bulimia, compulsive overeating, and binge eating disorder.

**Northwestern Memorial Hospital**

Department of Psychiatry  
Eating Disorder Specialty  
250 E. Superior St.  
Chicago, IL 60611  
(312) 908-3005

Provides outpatient group and individual psychotherapy for less intensive cases; severe cases are referred to day hospitals in the area. Assessments are performed before initiating therapy. Northwestern's diverse team consists of nutritionists, internists, physiologists, and psychologists.

**Overeaters Anonymous**

North Suburban Inter Group  
(708) 346-0000  
Web site: [www.region5oa.org/lbl](http://www.region5oa.org/lbl)

Overeaters Anonymous (OA) meetings are held throughout the area. To receive information on meeting particulars, leave a message on the answering machine; calls are returned within 1 to 3 days. Callers must leave their names and phone numbers.

**University of Illinois at Chicago**

Eating Disorder Clinic  
912 S. Wood St.  
Chicago, IL 60612  
(312) 996-2200 (request Eating Disorder services)

Provides outpatient services that include individual therapy, family therapy, and medication management. Working closely with UIC Hospital, staff members make cross referrals for dietetic counseling and therapy. The clinic houses psychiatrists, social workers, and psychologists. A support group for anorexia and bulimia and binge eating is underway. Inpatient services are considered for severe cases and referred to the Women's Clinic.

## **Employment / Skills Training / Volunteer Service**

### **Job Corps**

(800) 230-5627

Federal program for youth aged 16 to 24 that provides training in job and social skills as well as internships in a variety of trades. Also offers the opportunity to earn a high school diploma or GED. Has many centers where students live and work; a zero tolerance policy against drugs and violence ensures a safe environment. Parents are welcome to visit. English-as-a-second-language (ESL) training offered at many centers.

### **Lincoln's Challenge Academy**

North Riverside Armory (*regional office*)

8660 W. Cermak Rd.

North Riverside, IL 60546

(800) 851-2166 or (708) 343-8104

Web site: [www.il-ngb.army.mil/LC](http://www.il-ngb.army.mil/LC)

A 17-month, military-modeled training program for at-risk 16- to 18-year-olds. Students (called cadets) are aided in attaining their GED and valuable life skills. For 5 1/2 months they live in a controlled environment in Rantoul, Ill; for the remaining 11 1/2 months they are mentored and continue their education or enter the job market. Students must be drug-free at the start of class. Federally-funded; no cost to student or family.

### **The Volunteer Center**

820 Ontario St.

Oak Park, IL 60302

(708) 386-3393

Hours: Monday-Friday, 9:30 a.m. to 5:30 p.m.

Web site: [www.oprfvolunteercenter.org](http://www.oprfvolunteercenter.org)

Among the center's many programs serving the community are prevention/early intervention services for youth offenders; a mentoring program for at-risk 12- to 17-year-olds; alcohol/drug education for first-time teen offenders and at-risk youth; and a guide to hundreds of volunteer opportunities for teens. This is an agency of the Community Chest of Oak Park and River Forest.

## **Gay/Lesbian Youth Support Groups**

### **Horizons**

961 W. Montana

Chicago, IL 60614

*Lesbian & Gay Helpline:* (773) 929-4357

Hours: *Helpline:* 6 to 10 p.m.; *Drop-In Center:* Tuesday-Thursday, 5 to 8:30 p.m.

Web site: [www.horizonsonline.org](http://www.horizonsonline.org)

Email: [horizons@horizonsonline.org](mailto:horizons@horizonsonline.org)

A supportive environment with various activities for youth aged 14 to 23 who are lesbian, gay, bisexual, transgendered, or sexually questioning. Drop-In Center is open Tuesday, Wednesday, and Thursday evenings for socializing, special events, education, and skills-building. Counseling and confidential HIV testing are also available.

### **OPALGA (Oak Park Area Lesbian & Gay Assn.) / PRISM Youth Network**

1145 Westgate, Suite 206

Oak Park, IL 60302

*PRISM Youth Infoline:* (708) 386-3463

Hours: *Youth Drop-In Center:* Thursday, 6:30-9 p.m.

Web site: [www.opalga.org](http://www.opalga.org)

Email: [prism@opalga.org](mailto:prism@opalga.org)

Provides the PRISM Youth Network, a nontherapeutic resource program and support group for 14- to 18-year olds who are gay, lesbian, bisexual, transgendered, or sexually questioning. Features a Drop-In Center every Thursday evening.

## **Healthcare / Sexually Transmitted Diseases (STDs)**

### **Illinois AIDS Hotline**

(800) 243-2437

Hours: Monday-Friday, 9 a.m. to 9 p.m.; Saturday, Sunday, 10 a.m. to 6 p.m. (During non-business hours, calls are automatically forwarded to National AIDS Hotline)

Web site: [www.idph.state.il.us](http://www.idph.state.il.us)

Counselors answer basic questions on HIV and AIDS, make referrals to public health facilities, and give information on case management services, housing, support and counseling services in the Chicago area. For booklet on test positive awareness, call (773) 989-9400.

**Oak Park Health Department**

123 Madison St.; 320 Lake St. (satellite office)

Oak Park, IL 60302

*Male STD/Adolescent Health:* (708) 358-5499; *Female STD:* (708) 358-5494;

*Anonymous/confidential HIV testing:* (708) 358-5486; *Pregnancy testing at satellite office:* (708) 358-5428; *Tobacco cessation program:* (708)358-5484; *STD Cook County office:* (708) 492-2154

Hours: Monday-Friday, 8:30 a.m. to 5 p.m.

Web site: [www.oak-park.us](http://www.oak-park.us) (See "Departments for Health"; also see FYI newsletter located under "News")

Provides free, anonymous HIV counseling and testing, STD testing, contact follow-up, referrals for medical care, and tobacco cessation programs. Refers to free public health clinics (Cook County clinic in Maywood; Gunnar clinic in Chicago). Oak Park residents with parent/guardian present can get immunizations every third Saturday of the month from 9 a.m. to noon at the satellite office (320 Lake St.). Also provides family case management for pregnant teens and infants up to 1 year. KidCare enrollment.

**OPRF Infant Welfare Clinic**

320 Lake St.

Oak Park, IL 60302

(708) 848-0528

Hours: *Medical care:* Monday, 5 to 8 p.m.; Tuesday, 9 a.m. to noon and 4 to 7 p.m.; Wednesday, 9 a.m. to noon; first Saturday of the month, 9 a.m. to noon.

*Dental care:* Monday, 1 to 8 p.m.; Tuesday, 9 a.m. to 3 p.m.; Wednesday, 9 a.m. to noon or 9 a.m. to 4:30 p.m. (alternates)

Web site: [www.infantwelfareoakpark.org](http://www.infantwelfareoakpark.org)

Provides medical and dental services for newborns to 18-year-olds. Medical services include physical exams, sick care, immunizations, school and sport physicals, gynecologic exams, and STD testing and treatment. Patients requesting birth control pills are referred to the Cook County clinic in Maywood or Planned Parenthood. Short-term behavioral counseling is available. Dental services are provided only after an initial medical screening. Dental services include restorative and preventive oral health care, dental sealants, and fluoride treatments. The clinic does not provide orthodontic care. Sliding fee scale; KidCare accepted.

**PCC Community Wellness Center**

14 W. Lake St.  
Oak Park, IL 60302  
(708)383-0113

PCC offers primary health care services for individuals who may otherwise be excluded from the health care system. Services include adult medicine, prenatal care and delivery, OB/Gyn services, prenatal classes, pediatric care, social services/psychiatric counseling, family planning, immunizations/school physicals, disease screening, WIC form completion, and home nursing visits.

Web site: [www.westsub.com/location/detail.cfm?loc id+319](http://www.westsub.com/location/detail.cfm?loc%20id+319)

**Libraries****Oak Park Public Library**

*Main Branch (temporary location):*

215 Harlem Ave., Forest Park, IL 60130  
(708) 383-8200

*Maze Branch:*

845 S. Gunderson Ave.  
Oak Park, IL 60304  
(708) 386-4751

*Dole Branch:*

255 Augusta St.  
Oak Park, IL 60302  
(708) 386-9032

**River Forest Public Library**

735 Lathrop Ave.  
River Forest, IL 60305  
(708) 366-5205

**Parent Resource Center**

19 Harrison  
Oak Park, IL 60302  
(708) 524-3354

Hours: Monday-Friday, noon to 6:45 p.m.

Provides resources (books, videos, audiotapes) that assist parents in child-raising. Topics of resources include parenting, sexuality, development, substance abuse, and other subjects. Teens may come to the center but are not permitted to check out materials. Offsite workshops are also offered. Sponsored by School District #97.



## **Recreation**

### **Boy Scouts of America (Des Plaines Valley Council)**

811 W. Hillgrove Ave.

LaGrange, IL 60525

(708) 354-1111

Hours: Monday-Friday, 9 a.m. to 5 p.m.; Saturday (store only), 9 a.m. to 1 p.m.

Web site: [www.BSA-DPVC.org](http://www.BSA-DPVC.org)

Email: [dpvc147@bsanail.or6](mailto:dpvc147@bsanail.or6)

### **Girl Scouts**

6930 W. Roosevelt Rd. (Girl Scouts Oak Park Center)

Oak Park, IL 60302

*State Office:* Illinois Crossroads, 650 N. Lakeview Parkway, Vernon Hills, IL 60061

(708) 386-1872

Hours: Monday-Thursday, 9 a.m. to 7 p.m.; Friday, 9 a.m. to 1 p.m.

Web site: [www.ilcrossroads.org](http://www.ilcrossroads.org)

Email: [gscouts@ilcrossroads.org](mailto:gscouts@ilcrossroads.org)

### **Oak Park Police Explorers**

Oak Park Police Station, Village Hall

123 Madison Street

Oak Park, IL 60302

(708) 358-5546

Open to boys and girls ages 13 to 20, the Explorers provide an opportunity to learn about police work and participate in community service projects and social activities. Meetings are held weekly throughout the school year.

### **Oak Park YMCA**

255 South Marion

Oak Park, IL 60302

Phone: (708) 383-5200

Web site: [www.opymca.org](http://www.opymca.org)

The Oak Park YMCA provides various teen health and fitness programs seasonally.

**Park District of Oak Park**

218 Madison St.

Oak Park, IL 60302

(708) 725-2111 (direct line for teen programs)

Hours: *Community Centers and Drop-In Centers*: 3 p.m. to 7 p.m. during school year; 10 a.m. to 8 p.m. in summer

Web site: [www.oakparkparks.com](http://www.oakparkparks.com)

**Park District of River Forest**

401 Thatcher Ave.

River Forest, IL 60305

Phone: (708) 366-6660

Web site: [www.rfpd.com](http://www.rfpd.com)

The District operates ten parks totaling twenty-eight acres, which vary in size and facilities offered, providing various seasonal youth recreation programs.

**River Forest Community Center**

218 Madison St.

River Forest, IL 60305

Phone: (708) 771-6159

Web site: <http://www.riverforest.org/RFCC/index.html>

The Community Center provides recreational and educational programs for people of all ages, including State-licensed child care and preschool programs for children, instructional programs for youth, sports classes and seminars for adults, and outings for seniors. Youth recreation programs include arts, dance, martial arts, athletics, and culinary programs.

**West Suburban Special Recreation Center**

2915 Maple St.

Franklin Park, IL

(847) 455-2100

Hours: Monday-Friday, 8:30 a.m. to 5 p.m.

Provides age-appropriate programs for teens as well as adults through the Park District. Participants with disabilities of any kind are welcome.

## **Runaways / Homeless Youth**

### **Family Service Crisis Team**

120 S. Marion St.

Oak Park, IL 60302

24-hr. hotline: (708) 383-7500

Web site: [www.familyserviceopr.org](http://www.familyserviceopr.org)

Email: [admin@familyserviceopr.org](mailto:admin@familyserviceopr.org)

Provides a round-the-clock hotline to assist in the temporary placement of runaway or locked-out youth in Oak Park and River Forest. Typically the team is called by the school or police departments. Part of Family Service and Mental Health Center of Oak Park/River Forest, which also offers counseling for teens and other services (see "Counseling/Mental Health/Treatment").

### **National Runaway Switchboard (NRS)**

3080 N. Lincoln Ave.

Chicago, IL 60057

24-hr. hotline: (800) 621-4000; *Business phone:* (773) 880-9860

Web site: [www.nrscrisisline.org](http://www.nrscrisisline.org)

Email: [info@nrscrisisline.org](mailto:info@nrscrisisline.org)

Offers a round-the-clock hotline that provides teens as well as parents with free, nonjudgmental, confidential crisis intervention and makes local and national referrals. Also offers runaway prevention programs for schools.

### **West Suburban PADS Shelter**

816 Marengo, 3rd floor

Forest Park, IL 60130

(708) 488-1724

Hours: *Shelter:* 7:30 p.m. to 7 a.m.; *Business phone:* Monday-Friday, 9 a.m. to 5 p.m.

Web site: pending

Email: [westsuburbanpad@aol.com](mailto:westsuburbanpad@aol.com)

Overnight shelter open October 1 to April 30. Those under 18 must be accompanied by a parent or guardian. Youth groups volunteer their time to help out setting up and serving meals.

## **Teenage Pregnancy / Parenting**

### **Carefirst Pregnancy Centers**

715 W. Lake St., Suite 104

Oak Park, IL 60301

(708) 383-4999

Hours: Monday-Friday, 9 a.m. to 5:30 p.m.; Saturday, 9 a.m. to noon

Web site: [www.careonecenters.com](http://www.careonecenters.com)

Carefirst offers free pregnancy testing, free limited ultrasound, and referrals to physicians.

### **Catholic Charities**

Javonal Ford Parenting Center

11255 S. Michigan Ave.

Chicago, IL

(773) 995-1737

Hours: Monday, Wednesday, Thursday – 9 a.m. to 6 p.m.; Tuesday, Friday – 9 a.m. to 5 p.m.; *WIC Program*: every other Wednesday and Saturday

Provides many services for pregnant teens before and after childbirth, including home visiting, family reunification, referrals (adoption, medical services, etc.), case management and follow-up of child to age 1, and onsite GED classes.

### **Family Service and Mental Health Center of Oak Park/River Forest**

120 S. Marion St.

Oak Park, IL 60302

*24-hr. crisis line*: (708) 383-7500 (for admissions: ext. 204)

Hours: Monday-Thursday, 9 a.m. to 9 p.m.; Friday, 9 a.m. to 5 p.m.; Saturday, by appointment

Web site: [www.familyserviceopr.org](http://www.familyserviceopr.org)

Among this center's array of services are parenting groups for teenage moms and dads. For details on other services provided by Family Service and Mental Health Center of Oak Park/River Forest, see description under "Counseling / Mental Health / Treatment."

**Parenthesis**

405 S. Euclid Ave.  
Oak Park, IL 60302  
(708) 848-2227

Web site: [www.parenthesis-info.org](http://www.parenthesis-info.org)  
Email: [sstolz@parenthesis-info.org](mailto:sstolz@parenthesis-info.org)

The Parenthesis Parenteen Program provides education and support for pregnant and parenting teens. Services include case management and crisis intervention, weekly group dinners and workshops, peer support groups, children's programs, outreach services, and more.

**Planned Parenthood**

5634 W. Chicago Ave.  
Chicago, IL  
(773) 287-2020

*Information hotline:* (312) 592-6850 (Monday-Friday, 9 a.m. to 5 p.m.)

Hours: Call for an appointment

Web site: [plannedparenthood.org](http://plannedparenthood.org) and [www.teenwire.com](http://www.teenwire.com)

Offers family planning services, STD (sexually transmitted diseases) screening, pregnancy testing, and referrals for care.

### Comments or Suggestions?

We'd like your feedback on this directory. Has it been helpful? Can it be improved? Please let us know your thoughts in the space below, or on a photocopy of this page.

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\_\_\_\_ Enclosed is my contribution to help offset printing costs of future healthcare publications. (Make checks payable to *The League of Women Voters of Oak Park and River Forest*).

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Thank you for your participation!

The League of Women Voters, a non-partisan political organization, encourages the informed and active participation of citizens in government, works to increase understanding of major public policy issues and influences public policy through citizen education and advocacy.

This directory was compiled by the League of Women Voters of Oak Park and River Forest (LWVOPRF) as an educational service to the community. It provides information on resources that can contribute to the health and well-being of teenagers within the community.

To request additional copies:

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